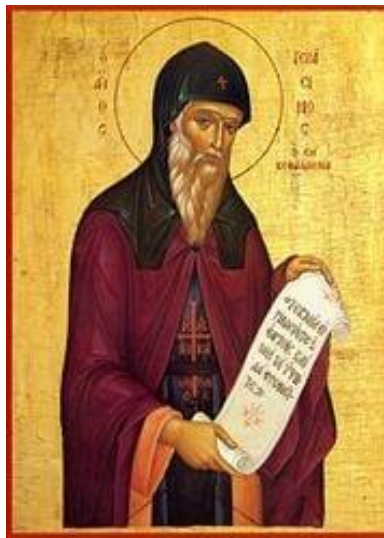




Saint Barbara Greek Orthodox Church
8306 NC HWY 751
Durham NC 27713 919-484-1600
fatherstavroforos2012@gmail.com
www.stbarbarachurchdurhamnc.com
News & Announcements
October 20, 2024

Sixth Sunday of Luke
Κυριακή 6η Λουκά



Taste of Greece Appreciation Luncheon
Youth Pumpkin Patch Fun Day

Artemius the Great Martyr of Antioch 10/20/2024

Matrona the Righteous of Chios 10/20/2024

Gerasimus of Cephalonia 10/20/2024

Andronicus the Righteous Martyr 10/20/2024

Morning Matins 9:00 am

Morning Great Doxology starts at 9:45 am

Morning Divine Liturgy 10:00 a.m.

The Sunday Epistle Reading

Make your vows to the Lord our God and perform them.
Verse: God is known in Judah; his name is great in Israel.

The reading is from St. Paul's Second Letter to the Corinthians 6:16-18; 7:1

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore, come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty."

Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

Εὐξασθε καὶ ἀπόδοτε Κυρίῳ τῷ Θεῷ ἡμῶν.

Στίχ. Γνωστὸς ἐν τῇ Ἰουδαίᾳ ὁ Θεός, ἐν τῷ Ἰσραὴλ μέγα τὸ ὄνομα αὐτοῦ.

Πρὸς Κορινθίους β' 6:16-18, 7:1 τὸ ἀνάγνωσμα

Ἀδελφοί, ὑμεῖς ἐστε ναὸς Θεοῦ ζῶντος, καθὼς εἶπεν ὁ θεός ὅτι Ἐνοικήσω ἐν αὐτοῖς, καὶ ἐμπεριπατήσω· καὶ ἔσομαι αὐτῶν θεός, καὶ αὐτοὶ ἔσονται μοι λαός. Διὸ, Ἐξέλθετε ἐκ μέσου αὐτῶν καὶ ἀφορίσθητε, λέγει κύριος, καὶ ἀκαθάρτου μὴ ἄπτεσθε· κἀγὼ εἰσδέξομαι ὑμᾶς, καὶ ἔσομαι ὑμῖν εἰς πατέρα, καὶ ὑμεῖς ἔσεσθέ μοι εἰς υἱοὺς καὶ θυγατέρας, λέγει κύριος παντοκράτωρ. Ταύτας οὖν ἔχοντες τὰς ἐπαγγελίας, ἀγαπητοί, καθαρίσωμεν ἑαυτοὺς ἀπὸ παντὸς μολυσμοῦ σαρκὸς καὶ πνεύματος, ἐπιτελοῦντες ἀγιωσύνην ἐν φόβῳ Θεοῦ.

The Sunday Gospel Reading

The Gospel According to Luke 8:26-39

At that time, as Jesus arrived at the country of the Gadarenes, there met him a man from the city who had demons; for a long time he had worn no clothes and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What have you to do with me, Jesus, Son of the Most High God? I beseech you, do not torment me." For he had commanded the unclean spirit to come out of the man. (For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.) Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged him not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged him to let them enter these. So he gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and were drowned. When the herdsmen saw what happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked him to depart from them; for they were seized with great fear; so he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but he sent him away, saying, "Return to your home, and declare how much God has done for you." And he went away, proclaiming throughout the whole city how much Jesus had done for him.

Ἐκ τοῦ Κατὰ Λουκᾶν 8:26-39 Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, ἐλθόντι τῷ Ἰησοῦ εἰς τὴν χώραν τῶν Γαδαρηνῶν, ἣτις ἐστὶν ἀντίπερα τῆς Γαλιλαίας. ἐξελθόντι δὲ αὐτῷ ἐπὶ τὴν γῆν ὑπήντησεν αὐτῷ ἀνὴρ τις ἐκ τῆς πόλεως, ὃς εἶχε δαιμόνια ἐκ χρόνων ἱκανῶν, καὶ ἱμάτιον οὐκ ἐνεδιδύσκετο καὶ ἐν οἰκίᾳ οὐκ ἔμενεν, ἀλλ' ἐν τοῖς μνήμασιν. ἰδὼν δὲ τὸν Ἰησοῦν καὶ ἀνακράξας προσέπεσεν αὐτῷ καὶ φωνῇ μεγάλη εἶπε· τί ἐμοὶ καὶ σοί, Ἰησοῦ, υἱὲ τοῦ Θεοῦ τοῦ ὑψίστου; δέομαί σου, μή με βασανίσῃς. παρήγγειλε γὰρ τῷ πνεύματι τῷ ἀκαθάρτῳ ἐξελθεῖν ἀπὸ τοῦ ἀνθρώπου. πολλοῖς γὰρ χρόνοις συνηρπάκει αὐτόν, καὶ ἐδεσμεῖτο ἀλύσει καὶ πέδαις φυλασσόμενος, καὶ διαρρήσων τὰ δεσμὰ ἠλαύνετο ὑπὸ τοῦ δαίμονος εἰς τὰς ἐρήμους. ἐπηρώτησε δὲ αὐτόν ὁ Ἰησοῦς λέγων· τί σοί ἐστὶν ὄνομα; ὁ δὲ εἶπε· λεγεών· ὅτι δαιμόνια πολλὰ εἰσῆλθεν εἰς αὐτόν· καὶ παρεκάλει αὐτόν ἵνα μὴ ἐπιτάξῃ αὐτοῖς εἰς τὴν ἄβυσσον ἀπελθεῖν. ἦν δὲ ἐκεῖ ἀγέλη χοίρων ἱκανῶν βοσκομένων ἐν τῷ ὄρει· καὶ παρεκάλουν αὐτόν ἵνα ἐπιτρέψῃ αὐτοῖς εἰς ἐκείνους εἰσελθεῖν· καὶ ἐπέτρεψεν αὐτοῖς. ἐξελθόντα δὲ τὰ δαιμόνια ἀπὸ τοῦ ἀνθρώπου εἰσῆλθον εἰς τοὺς χοίρους, καὶ ὥρμησεν ἡ ἀγέλη κατὰ τοῦ κρημοῦ εἰς τὴν λίμνην καὶ ἀπεπνίγη. ἰδόντες δὲ οἱ βόσκοντες τὸ γεγεννημένον ἔφυγον, καὶ ἀπήγγειλαν εἰς τὴν πόλιν καὶ εἰς τοὺς ἀγρούς. ἐξῆλθον δὲ ἰδεῖν τὸ γεγονός, καὶ ἦλθον πρὸς τὸν Ἰησοῦν καὶ εὖρον καθήμενον τὸν ἄνθρωπον, ἀφ' οὗ τὰ δαιμόνια ἐξεληλύθει, ἱματισμένον καὶ σωφρονοῦντα παρὰ τοὺς πόδας τοῦ Ἰησοῦ, καὶ ἐφοβήθησαν. ἀπήγγειλαν δὲ αὐτοῖς οἱ ἰδόντες πῶς ἐσώθη ὁ δαιμονισθείς. καὶ ῥώτησαν αὐτόν ἅπαν τὸ πλῆθος τῆς περιχώρου τῶν Γαδαρηνῶν ἀπελθεῖν ἀπ' αὐτῶν, ὅτι φόβῳ μεγάλῳ συνείχοντο. αὐτὸς δὲ ἐμβὰς εἰς τὸ πλοῖον ὑπέστρεψεν. ἐδέετο δὲ αὐτοῦ ὁ ἀνὴρ, ἀφ' οὗ ἐξεληλύθει τὰ δαιμόνια, εἶναι σὺν αὐτῷ· ἀπέλυσε δὲ αὐτόν ὁ Ἰησοῦς λέγων· ὑπόστρεφε εἰς τὸν οἶκόν σου καὶ διηγοῦ ὅσα ἐποίησέ σοι ὁ Θεός. καὶ ἀπῆλθε καθ' ὅλην τὴν πόλιν κηρύσσων ὅσα ἐποίησεν αὐτῷ ὁ Ἰησοῦς.



Today's Appreciation Luncheon 10/20

Parish Council

Today's Scheduled Narthex Greeters for 10/20

Theky Pappas

George Glekas

Our Volunteer Chantors

Nicholas Georgiou

Pete Marinos

Our Volunteer Choir Directors

Panos Messis

Costa Constantinou

Our Volunteer Organist

Eleni Christakos

.



St. Barbara Greek Orthodox Church

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stewardship
information**



Religious Services for the Month of October

20 – 6th Sunday of Luke– 9:00 am

26 –Saturday – Feast of St. Demetrius – 9:00 am

27 – 7th Sunday of Luke – 9:00 am

28 – Monday - Holy Protection of the Theotokos – 9:00 am

Religious Services for the Month of November

1-Friday – Saints Cosmas and Damianos – 9:00 am

2 – Saturday – Saint Elpidophoros – 9:00 am

3 – 5th Sunday of Luke – 9:00 am

8 – Friday – Synaxis of the Archangels – 9:00 am

9 –Saturday – St. Nectarios the Wonderworker – 9:00 am

10 – 8th Sunday of Luke – 9:00 am

13 – Wednesday – St. John Chrysostom – 9:00 am

St Gerasimos of Kefalonia
October 7, 2019 by [Fr. Matthew Swehla](#)



On October 20 we celebrate St. Gerasimos of Kefalonia, the patron saint of our metropolitan. St. Gerasimos is a wonder-working saint whose relics have remained incorrupt for nearly 500 years after his falling asleep! His relics are on the island of Kefalonia, on the western shore of Greece, where he founded a women's monastery.

St. Paisios of Mount Athos said that God has given the Orthodox the incorrupt relics of three saints to these islands – St. Spyridon on Corfu, St. Dionysios on Zakynthos, and St. Gerasimos on Kefalonia – as a dam to protect the Orthodox from conversion to Roman Catholicism (since these islands lay between Greece and Italy).

St. Gerasimos was a great ascetic who lived on Mt. Athos, in the Holy Land, and in various places in Greece, before settling on Kefalonia. His most characteristic saying, which is inscribed on many of his icons, was: "Children, live in peace and do not be arrogant."

Each year the people of Omala Valley on the island of Kefalonia have a processions with St. Gerasimos' relics on his feast days (August 16 & October 20).

People lay on the ground so that his relics can be carried over them. (God has given St. Gerasimos great grace to conquer demonic possession.) Below is an article from a priest on Kefalonia, writing about the joyous annual processions.

It is true that our villages owe a great deal to the presence of Saint Gerasimos and his convent in Omala Valley. ... The saint is seen as the sun by the hymnographer as he comes out of his Church and lightens the mountain-enclosed area of the valley: "As the sun you emerge from your church Gerasimos, and with heaven's angels you ascend the heights." (Hymn for St. Gerasimos)

According to tradition, many times it was attempted to remove [St. Gerasimos' relics] from here, without success. A little further down on the road to Troianata, the location is called "podoria" and it is the place from where he could be moved no further. He would become heavy. He feels content here because it is the place he chose among so many others he visited.

He thus reigns over Omala and several times during the year he promenades like a rarely-seen nobleman for his subjects to admire and rejoice. And they come in thousands. Among the procession, he in the middle, raised high, humble, untouched by time, in his clerical robes which like his body did not perish in the grave. ... His procession to the plane tree is a blessing, the exodus of a king to his kingdom. ...

Ah, this procession! The church bells are ringing in joy, music is playing, soldiers are marching with arms. Who knows what the Omala Ascetic is thinking? Can he see it all, can he hear it all? These poor folks are trying to exalt him. Officials in presence, the bands, the chanters with their melodies, the clergy and the metropolitans with their gold-weaved robes. Speeches, thank yous, praises, meals. Accept all this, Holy Ascetic. This is what the people are able and know to offer. If need be, don't pay attention. If it's not to your liking, look elsewhere: look at the valleys, the trees, the mountains.

"The valleys and mountains shine in Your presence; the trees bow their branches to venerate You. Listen to the birds: through the leaves of the trees the birds sing angels' hymns – sing for you Gerasimos of Virtue." (Hymn to St. Gerasimos)



**UNC-OCF FELLOWSHIP & MEETING
MONDAY OCTOBER 21ST
AT 7:00 PM**

**Panera Bread
213 Franklin Street
Chapel Hill, NC 27516
1-919-929-9189**

O U R W H Y

OCF offers college students rich community in Christ, inspiring a life-long love of God and neighbor.

O U R M I S S I O N

OCF transforms the lives of college students by guiding them along the path to Jesus Christ through His Church, cultivating a campus community of worship, witness, service, fellowship, and education.

O U R V I S I O N

- to be the loving presence of Christ and the Orthodox Christian Church on college campuses
- to be an integral part of students’ spiritual formation by challenging them to explore the Faith
- to inspire students to commit to living an Orthodox Christian way of life daily

Connecting College Students to their Faith

Our goal is to *actualize* the Orthodox Christian life in the hearts, minds, and souls of college students by facilitating unified campus ministry efforts—reaching Orthodox college students on campuses throughout North America. OCF’s programs and partnerships offer an environment for students interested in deeper spiritual experiences. Most importantly, OCF continues to provide a home for students on college campuses across the continent



ADULT ORTHODOX DISCUSSION NIGHTS

THURSDAY OCTOBER 24TH AT 6:30 PM

CANCELLED DUE TO CLERGY METROPOLIS RETREAT

With Bishop Themis - Friend of the Poor at DRC

Saint Barbara Greek Orthodox Church

8306 NC HWY 751

Durham, NC 27713

919-484-1600

For information Contact

Father Stavroforos by Email

fatherstavroforos2012@gmail.com



Reverend Themis Adamopoulos now BISHOP THEMI went from sharing the stage with the Rolling Stones to becoming a missionary in Sierra Leone. *(Tom Hancock) – Speaker at Clergy Retreat October 22-24 at the DRC*

10/31 Troy NC	Holy Monastery Panagia Prousiotissa – Agripnia through Orthros
11/01 Troy NC	Holy Monastery Panagia Prousiotissa – Divine Liturgy – Holy Unmercenaries as Guides for our Salvation
11/02 Charlotte NC	Holy Trinity Greek Orthodox Cathedral – Does Overt Poverty Transcend Religions – Sharing Orthodoxy in a Muslim Country
11/03 Charlotte NC	Saint Nektarios Greek Orthodox Church –The Role of Evangelism in the Spiritual Life of an Orthodox Christian
11/04 Charlotte NC	Saint Hermione Chapel – Divine Liturgy

From rocker to missionary



Reverend Themis Adamopoulos says his Damascene conversion from rocker to missionary in Ebola-stricken Sierra Leone was partly inspired by Mother Teresa.

Some musicians have very unexpected career changes after they leave the stage.

Steely Dan's guitarist became a missile defence expert. Public Enemy's DJ became an ostrich farmer.

But perhaps the least likely career change from the music industry was made by Reverend Adams, the bassist of Melbourne's 1960s Mod Sensation The Flies.

He became a Greek Orthodox missionary, travelling first to Kenya in the mid '90s. In 2008 he founded a mission in Freetown, Sierra Leone, helping the country recover from its brutal civil war and more recently the Ebola epidemic. He has been there ever since.

A TASTE OF GREECE



Fabulous Greek Food & Desserts

Take-Out or Tented Dining

Free Admission - Rain or Shine

Greek Market, Jewelry, Crafts & Silent Auction

Portion of proceeds to benefit Ukrainian relief



*Thank you,
Volunteers!*

We are incredibly grateful to God for you and your loving service to the Church and the community. We want you to know that your work has not gone unnoticed. God bless you for your generosity, and thank you for being a blessing to others.

From Fr. Stavroforos & the Parish Council



Youth Pumpkin Patch Day

TODAY after the Appreciation Luncheon

HOLDER FARMS, LLC

4822 Holder Road, Durham NC 27703

919-605-3818



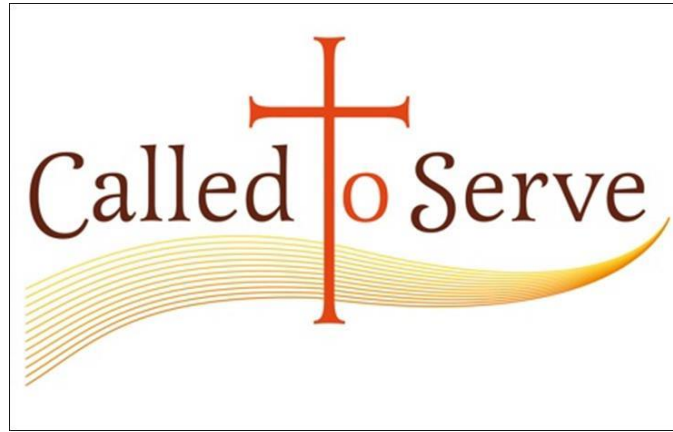
**American
Red Cross**

**Proud Provider of
Red Cross Training**

Saturday October 26, 2024

11:30 am to 4:00 pm

SPONSORED BY OUR AHEPA CHAPTER # 277



**SAVE THE DATE:
NOTICE OF GENERAL ASSEMBLY
SUNDAY NOVEMBER 17TH, 2024**

There will be a General Assembly held on November 17, 2024. The General Assembly will begin immediately after the Divine Liturgy at 11:30. The agenda for the meeting will include:

- Preliminary Financial Report for 2024
- Proposed Operations Fund and Mortgage Fund budgets for 2025
- Any other items community members may wish to raise
- General remarks by Father Stavroforos
- Candidates for the 2025-2026 Parish Council will be declared
- Nominations for the 2025-2026 Parish Council will be officially closed.

What constitutes one's eligibility to run for the Parish Council and to have voting privileges?

- **Stewardship Eligibility**

- A candidate for the Parish Council must be a parishioner in good standing of the Parish for at least one (1) year immediately preceding the date of the election and must live his or her life in accordance with the Faith and Canons of the Church. The Priest determines whether the Parishioners are in good standing with the church and the financial good standing is determined by either the treasurer or stewardship chairman of our church. (UPR Article 25 Section 2)

- **Ecclesiastical Eligibility:**

1. Every person who is baptized and chrismated in the Orthodox faith is considered an active parishioner in the Church.
2. All those considering to be on the parish council should be married in the Church, or if civilly married they need to arrange to have their marriage blessed in the Church.
3. If a person has received a civil divorce after receiving the Orthodox Sacrament of marriage, then they should also have their ecclesiastical divorce in order. If you need your church divorce, please make the effort to speak with Fr. Stavroforos in order to be able to seek his advice and counsel as how to procure it from the Church. This is your means to be in good standing with the Church. (Archdiocese Pastoral Guidelines)
4. Those candidates running for the parish council are required to attend a regional seminar that has been specifically designed for them at a designated time and place set by the metropolis.
5. All those wishing to place their names in for the parish council have up to the close of this year's fall **General Assembly which is scheduled for Sunday November 17th**
6. Names being considered for nomination should be submitted to a member of our election committee: Cindy Paliouras cindy.paliouras@gmail.com, or Hope Odzak hdodzak@gmail.com, or Maria Easton fluffy2u2004@yahoo.com
7. The day of **Elections** will be on a separate date from the General Assembly which will be determined by the present parish council members.
8. Additionally, all current and potential future Parish Council Members are required to pass a background check set up by the Archdiocese. For information please go to the **Atlanta of Metropolis Website and go to the Youth Safety and Parish Council Background Check section.**

+ *Father Stavroforos*

ST. BARBARA EVENTS CALENDAR:

October

- 20 – PC thank you lunch for ToG volunteers; pumpkin patch visit
- 22 (Tues.) – Kourambiethes making @ 9:00 AM
- 24 (Thurs.) – Adult Orthodox Studey CANCELLED due to Metropolis Clergy Retreat
- 26 (Sat.) – Safety Training (CPR; First Aid Red Cross Training) 11:30 – 4:00 sponsored by AHEPA
- 27 – Youth Coffee Hour (Halloween themed); Philoptochos General Meeting
- 31 (Thurs.) – Adult Orthodox study @ 6:30 PM

November

- 3 – Parish Council Coffee Hour; donuts and cider
- 7 (Thurs.) – Adult Orthodox study @ 6:30 PM
- 10 – Philoptochos Coffee Hour – GROUP C
- 11 (Mon.) - Parish Council Meeting @ 6:30 PM
- 14 (Thurs.) – Adult Orthodox study @ 6:30 PM
- 17 – GENERAL ASSEMBLY and final Day for Parish Council Candidate Nominations
- 21 (Thurs.) – Adult Orthodox study @ 6:30 PM
- 22 (Fri.) and 23 (Sat.) – Holiday Pastry Sale
- 24 – Youth Coffee Hour (Thanksgiving themed) & Philoptochos Meeting
- 28 (Thurs.) – THANKSGIVING

December

- 1 – AHEPA Coffee Hour
- 8 – St. Barbara Day Luncheon (Parish Council)
- 9 – Parish Council Meeting @ 6:30 PM
- 15 – St. Barbara Philoptochos Coffee Hour – GROUP D; Youth Christmas Pageant
- 22 – Youth Coffee Hour
- 29 – Choir Coffee Hour

Saint Barbara General Meeting Schedule

Philoptochos General Meetings

4th Sunday of Month after Church in the Conference Room

Philoptochos Board Meetings

Sunday prior to the Last Sunday of the Month after Church
at a TBA offsite location

Parish Council General Meetings

Second Monday of the Month by Zoom
or in the Conference Room 6:30 pm

UNC-OCF

Monday Nights

7:00 pm – Panera Bread in Chapel Hill

Adult Religious Discussion Nights

Thursday Nights in the Conference Room 6:30 pm

AHEPA Chapter # 277

General Meetings Third Sunday of the Month after Church
in the Conference Room

Greek School & Greek Dance

Saturdays – Classrooms at Church